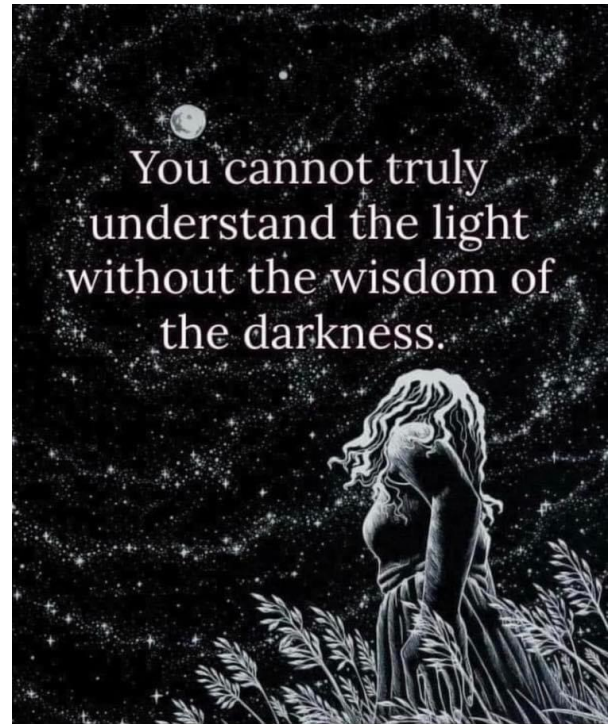


Brow Chakra

Sanskrit: *Ajna* “to perceive, to command”

Element: Light

Themes: Imagination, Intuition, Sacred Symbols & Patterns



Core Aspects of Brow Chakra

Perception

- Seeing clearly beyond illusion
- Expanding perspective
- Recognizing patterns & meaning

Intuition

- Inner knowing without logic
- Sudden insight, “downloads,” epiphanies
- Requires openness, trust & receptivity

Imagination

- Ability to envision possibilities
- Mental rehearsal, creativity, future visioning
- Can create empowerment... or fear (worry is imagination too)

Light & Shadow Awareness

- True vision includes both
- Light reveals truth
- Shadow creates depth, dimension & wisdom

What This Chakra Asks of You

- See beyond old stories and conditioned thinking
- Trust your inner guidance
- Hold complexity (not either/or, but both/and)
- Expand your lens of perception
- Align with a deeper truth



